

DR. ADAM G. CROUCH, INC., DBA  
**DMXI** DIAGNOSTIC MEDICAL X-RAY AND IMAGING

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**INSTRUCTIONS FOR ORAL CONTRAST**

1. Sip one bottle (or ½ of a large bottle) 1-1/2 hours prior to your exam.
2. Drink the second bottle (or the remainder of the large bottle) 45 minutes prior to your exam.
3. N.P.O (nothing per oral – no food or drink) 3 hours prior to your exam.

NOTE: Bottles of oral contrast need not be refrigerated, but taste better when cold.

**GETTING READY**

- Tell your doctor or technologist if you are pregnant or think you may be, or if you are allergic to iodine or to contrast materials, IV or oral products.
- Any medication, special diet, or both, may be prescribed prior to the examination.
- You may be asked to wear a hospital gown.

**ABOUT CONTRAST MATERIAL**

- A contrast material is a substance given to highlight body parts. When given by IV, it can cause a warm sensation throughout your body. If you have had a reaction to contrast material, or if you begin to experience a change, become short of breath, or experience discomfort, tell the technologist right away.