

DEXA SCAN PREP

ON THE DAY BEFORE AND THE DAY OF YOUR TEST DO NOT TAKE ANY CALCIUM SUPPLEMENTS

WEAR LOOSE COMFORTABLE CLOTHES WITHOUT ANY METAL ZIPPERS , SNAPS, OR BUCKLES

AVOID WEARING A BRA WITH UNDERWIRES OR HOOKS

MAMMOGRAPHY PREP

DO NOT APPLY DEODORANT, POWDERS, OR LOTIONS TO YOUR UNDERARMS OR BREASTS

YOU WILL BE REQUIRED TO CHANGE INTO A GOWN FOR THE PROCEDURE.

IF YOU HAVE NOT HAD A PREVIOUS MAMMOGRAM WITH US, PLEASE BRING YOUR OLD FILMS WITH YOU. IF THAT IS NOT POSSIBLE PLEASE SUPPLY US WITH THE NAME OF THE FACILITY WHERE WE CAN OBTAIN YOUR PREVIOUS FILMS. IT IS VERY IMPORTANT IN MAMMOGRAPHY TO COMPARE OLD FILMS TO NEW FILMS TO LOOK FOR CHANGES .

PLEASE NOTE IF YOU HAVE VERY SENSATIVE BREAST TISSUE, IT MIGHT BE MORE COMFORTABLE FOR YOU TO HAVE YOUR MAMMOGRAM THE FIRST OR SECOND WEEK AFTER YOUR PERIOD WHEN BREAST TISSUE IS LESS SENSATIVE.

ULTRASOUND PREP

PELVIC - DRINK 40 OUNCES OF FLUID 1 ½ HOURS PRIOR TO YOUR TEST. DO NOT EMPTY YOUR BLADDER.

LIVER, GB, AORTA/RENAL ARTERIES – NOTHING TO EAT OR DRINK 8 HRS PRIOR TO YOUR TEST, EXCEPT FOR YOUR ROUTINE MEDICATIONS. YOU MAY TAKE THEM WITH ENOUGH WATER TO GET THEM DOWN.

CT PREP

CT WITH IV CONTRAST – NO FOOD OR DRINK 3 HOURS PRIOR TO YOUR TEST

IF YOU HAVE A HISTORY OF CHRONIC KIDNEY DISEASE , DIABETES, CONGESTIVE HEART FAILURE , RECENT CHEMOTHERAPY, KIDNEY SURGERY , MULTIPLE MYELOMA OR ARE 65 YEARS OR OLDER RECENT BUN/CREATININE/GFR LAB WORK IS REQUIRED PRIOR TO YOUR TEST.

AFTER YOUR INJECTION YOU WILL BE INSTRUCTED TO DRINK PLENTY OF FLUIDS TO FLUSH THE IV CONTRAST OUT OF YOUR SYSTEM.

CT WITH ORAL CONTRAST-NO FOOD OR DRINK 3 HOURS PRIOR TO YOUR TEST

YOU WILL BE REQUIRED TO DRINK A BARIUM SOLUTION TO HIGHLIGHT YOUR BOWEL. YOU WILL HAVE TO DRINK BARIUM 1 ½ HRS AND ALSO 45 MIN PRIOR TO YOUR TESTING TIME. THIS BARIUM CAN BE PICKED UP AT OUR OFFICE PRIOR TO YOUR TESTING TIME AND DRANK AT HOME OR YOU CAN COME INTO OUR OFFICE 1 ½ HRS PRIOR TO YOUR TEST AND DRINK IT AT OUR OFFICE PRIOR TO YOUR TEST.

CT EXAMS WITH NO IV OR ORAL CONTRAST – NO PREP

MRI PREP

WEAR COMFORTABLE CLOTHES. IF YOU HAVE ZIPPERS, SNAPS, BUCKLES, HAIRPINS, UNDERWIRES OR JEWELRY OVER THE BODY PART TO BE SCANNED IT WILL HAVE TO BE REMOVED. METAL OBJECTS ELSEWHERE ON THE BODY MAY ALSO HAVE TO BE REMOVED.

MRI WITH IV CONTRAST

IF YOU HAVE A HISTORY OF CHRONIC KIDNEY DISEASE, DIABETES, CONGESTIVE HEART FAILURE, RECENT CHEMOTHERAPY, KIDNEY SURGERY, MULTIPLE MYELOMA OR ARE 65 YEARS OR OLDER, RECENT BUN/CREATININE/ GFR LAB WORK IS REQUIRED PRIOR TO YOUR TEST.

AFTER YOUR INJECTION YOU WILL BE INSTRUCTED TO DRINK PLENTY OF FLUIDS TO FLUSH THE IV CONTRAST OUT OF YOUR SYSTEM.

MRCP – NO FOOD OR DRINK 8 HOURS PRIOR TO YOUR TEST

MRI EXAMS WITH NO IV CONTRAST – NO PREP

IF YOU HAVE HEART STENTS YOU WILL NEED TO BRING YOUR STENT CARD WITH YOU. THE CARD WILL LET US KNOW IF YOUR STENTS ARE MRI COMPATABLE. IF YOU DO NOT HAVE A STENT CARD PLEASE CHECK WITH YOUR DOCTORS OFFICE TO DETERMINE IF YOUR STENTS ARE MRI COMPATABLE.